



The Covid Letters

Hampshire CAMHS are looking to compile a book of letters written by young people about their experiences during the Coronavirus lockdown. We would be interested in contributions from any young person that wants to share their experience with us. It may be a letter to your older self, a loved one or maybe an open letter about something you want to say.

There is the potential for considering publishing a limited number of copies, the sale of which could generate monies for youth work in Hampshire.

If you would like to send a contribution please email it to spnt.hantscamhsinnovation@nhs.net Please title the message "Covid letters FAO Helen Dove" Please ensure you include your name, age and contact details.

We may not be able to include all submissions, and we may ask for you or a parent to submit consent to share form.

Submissions need to be received by October 10th 2020



NHS

Hampshire Child and
Adolescent Mental Health Service