

We Offer Ten Minute Appointments Here!
One Appointment
One Problem
One Patient

Time is ticking from the moment you walk in to the doctor so PLEASE THINK SAFETY!

- Before you see the GP, work out what you are worried about. Highlight your concerns. Think about how you would describe your symptoms. Get to the point don't keep important information to the end.
- It is tempting to bring a list of unrelated problems, but please consider what is achievable within a 10 minute appointment?
- Too many problems distract the doctor from your main problem and the doctor is more likely to rush in order to address multiple problems.
- This can also make the doctor run late
- Serious illness could then be missed
- If you have multiple or complex issues you need to book a double appointment